



Hampton Cross Country Running Series

September 18th and 25th

Welcome to our 2021 Cross Country series. This season Hampton High and Hampton Middle Schools will host two events. The first event will be Saturday September 18th and again on Saturday September 25th. The intent is to provide a venue for XC competition on a proven course early in the season to ready both Middle School and High athletes for the season. Registration will be done prior to the event.

1. Location is at Hampton Middle School Field (in front of the Elementary School)
2. Registration: Will occur on site from 10 am to 11 am. Cost is \$4:00 per athlete.
3. Two Porta-Johns will be on site.
4. Course walk through opportunities will be offered from 10 am to 11:15 am
5. Race Start Times: 11:30 am for Middle School runners, High School runners 12:00 pm or **SOONER** depending on numbers.
6. Race Distances: Grade 6 will be 1.5 km, Grade 7 & 8 will be 2.5 km. High School will be 4km for both juniors (Grades 9 & 10) and senior (grade 11 & 12) groups. Genders will be mixed for the Middle school races (race results will be separated. Senior Groups maybe combined depending on numbers at the race Director's discretion. Race results will be recorded separately by division.
7. **Covid Protocols: School Teams should stay with their own groups only. Social Distancing is always encouraged. Masks are encouraged when engaging the registration table. Let's all do our part to take care of each other.**
8. Racers- times will be recorded and posted to the ANB site
9. Course Maps will be available on site and will be added to the ANB page once confirmed.

Race Director: John Herron – john.herron@nbeub.ca. cell is 506-650-1372

Organized with the assistance of the Saint John Reds Track & Field Club

Hampton XC Running Club wishes to thank the Town of Hampton for their constant help and support – particularly Leisure Activities Director Gena Flower and Brad Cummings for his enormous efforts on the course.

